## Climate Change and Human Health Literature Portal



# Food insecurity and HIV/AIDS in low-income households in urban Zimbabwe

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#### Abstract:

Contemporary Zimbabwe illustrates the complex ways in which economic, political, social, environmental factors, combined with high levels of illness and early mortality as a result of HIV infection, produce a food crisis. In both rural and urban areas, people are increasingly dependent on national and international food aid agencies for survival. The criteria used by relief agencies to define vulnerability, however, provide little or no flexibility in dynamic and fluid situations. Drawing on research conducted in the east Zimbabwe city of Mutare, we describe the combined impact of drought, unemployment, and inflation on food security and the policy context affecting access to food. In particular, we describe the experiences of primary caregivers of people living with HIV/AIDS in low-income salaried households, who are ineligible for food aid, and the mechanisms they use to meet basic household needs. By drawing attention to the potency of the combination of economic, political, and natural disasters, we illustrate the importance of context in defining and responding to disaster.

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#### **Resource Description**

#### Communication: M

resource focus on research or methods on how to communicate or frame issues on climate change; surveys of attitudes, knowledge, beliefs about climate change

A focus of content

#### Communication Audience: M

audience to whom the resource is directed

**Public** 

### Exposure: M

weather or climate related pathway by which climate change affects health

Food/Water Security

Food/Water Security: Food Access/Distribution

#### Geographic Feature: M

resource focuses on specific type of geography

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Rural, Urban Geographic Location: M resource focuses on specific location Non-United States Non-United States: Africa African Region/Country: African Country Other African Country: Zimbabwe Health Impact: M specification of health effect or disease related to climate change exposure Malnutrition/Undernutrition Mitigation/Adaptation: **☑** mitigation or adaptation strategy is a focus of resource Adaptation Population of Concern: A focus of content Population of Concern: M populations at particular risk or vulnerability to climate change impacts Low Socioeconomic Status Other Vulnerable Population: HIV Resource Type: M format or standard characteristic of resource Research Article Timescale: M time period studied Time Scale Unspecified Vulnerability/Impact Assessment: **☑** resource focus on process of identifying, quantifying, and prioritizing vulnerabilities in a system A focus of content